

No. 9 Spinal Column Diseases

Typical Illnesses and their Treatment with WALA Remedies

No. 9 Spinal Column Diseases

Treatment of Spinal Column Diseases with Disci-Preparations (WALA)

The remedies described below are compounds of specifically effective medicinal plants with corresponding metals and animal organ (cow) substances in potentized form. The organ preparations are derived from intervertebral discs in the cervical, thoracic and lumbar areas.

The therapeutic effect is directed at the spinal column or joint as a whole as well as the lymphatic, venous and muscular tissue and connective tissue around the joint.*

All of the Disci-preparations are based on the same basic idea; variations with special components are provided to meet different therapeutic needs. They can be divided into the following indication-groups:

Primary inflammatory processes in conjunction with acute attacks of pain:

- Argentum component added
Disci comp. cum Argento
Disci/Viscum comp. c. Argento

Primary chronic inflammatory-deforming processes:

- Stibium component added
Disci comp. c. Stibio

Primary degenerative processes:

- Stannum component added, in special cases also Viscum
Disci comp. c. Nicotiana
Diaci comp. c. Pulsatilla
Disci/Pulsatilla comp. c. Stanno
Disci comp. c. Stanno
Disci/Viscum comp. c. Stanno

* A detailed presentation of the various aspects involved can be found in H.H. Vogel: "Development, Physiology and Pathology of the Spinal Column – With a Contribution Towards Therapy", WALA literature.

Venous congestion

– Aesculus and Pulsatilla components

Disci comp. c. Aesculo

Disci comp. c. Pulsatilla

Disci/Pulsatilla comp. c. Stanno

For further indications and dosage guidelines please see the Summary of WALA Combination Remedies below.

Therapy with Disci-preparations can be supplemented by potentized preparations made from joint cartilage and connective tissue as well as the corresponding nerves.* A few examples of their use are given below. Administration may be concomitant or alternating with the indicated Disci-preparation:

Arthrosis of hip and knee joint**

Disci...comp. c.... (Stannum component)

Articulatio coxae or **Articulatio genus** – D4 (D3)

Plexus lumbalis D4

Viscum Mali e pl. tota D6 (D4, D3, D2)

Administration and dosage:

1 ml intracutaneous*** or subcutaneous injection

1-2 times per week in the joint vicinity.

Arthrosis with intra and/or extra-articular edema and secondary inflammation with severe pain on movement:

Disci...comp. c.... (Stannum component)

Articulatio coxae or **genus** D10 (D8)

Bryonia e rad. D15 (D12, D10, D8, D6 decreasing)

Funiculus umbilicalis (D8, D6)

Administration and dosage:

1 ml intracutaneous*** or subcutaneous injection

1-2 times per week in the vicinity of the joint.

Viscum Mali e pl. total 3%, **Ungt.** and/or

Cartilago comp., Ungt.

Rub into the joint daily.

Spondylarthrosis and intervertebral osteochondrosis in advanced stages:

Disci...comp. c.... (Stannum component)

Cartilago comp.

Administration and dosage:

1 ml intracutaneous*** or subcutaneous injection twice weekly

(later once weekly) up to a total of 10 injections.

Course may be repeated after a 2 week pause.

** See also Typical Illnesses No. 5, Arthropathy.

*** Paravertebral intracutaneous urticas have proved particularly effective. However, if the patient is very sensitive, subcutaneous injection is advised.

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Nerve root irritation:

Disci...comp. c.... (see indications list, below)
Bryonia e rad. D12 (D10, D8, D6)
 plus the homologous nerve preparation, e.g.:
Nervus ischiadicus D12 (D10, D8, D6) or
Plexus lumbalis or **Plexus brachialis** or
Nervi intercostales in the same potencies.
 Administration and dosage:
 in acute cases, 1 ml SC injection daily, later
 2-3 times per week.

Chronic pain conditions, with or without paresthesias:

Disci...comp. c....
Bryonia/Stannum or **Apis/Bryonia** or **Rhus tox. comp.**
 or **Aconitum comp.**
 plus the homologous nerve preparation, e.g.:
Nervus ischiadicus D4 (D3) alternating
 with **D8 (D6)***
 Administration and dosage:
 1 ml SC or IM injection twice weekly.
Aconitum comp., Oleum
 Rub in daily.

Summary of the Above-Mentioned Combination Remedies with Indications

Aconitum comp., Oleum

Neuritis and all kinds of neuralgia Aconit. e tub D12/Quartz D12/
lumbago, myogelosis Camphora 1%/Ol. Lavand. 1%/
 Ol. vegetab.

Apis/Bryonia

*Acute muscle and joint
rheumatism, lumbago*

Apis ex anim.
Bryonia e rad.

Glob.:	Amp.:
D3	D3
D3	D3
10 glob.	1 ml.
3-5 x da.	intramusc.
	2-4 x wk.

Cartilago comp.

*Degenerative diseases of
cartilage, arthrosis
deformans, can be used
alternately with Disci
preparations.*

Cartilago
articularis
Aurum
Stannum
Formica
ex anim.
Betula e fol.
Allium Cepa
e bulbo

Glob.:	Amp.:	Ungt.:
D6	D6	D2
D10	D10	D9
D8	D8	D7
D15	D15	D2
D5	D5	D2
D15	D15	D2
10 glob.	1 ml. sc.	Apply
3 x da.	2-3 x wk.	1-2 x da.

} 10%

* See: Therapy with Potentized Organ Preparations in the WALA Therapeutic Preparations List for Physicians, p. 11.

Disci comp. cum Aesculo

Weakness of the vertebral column and sequelae; especially for venous congestions in the spinal region, chronic arthritic changes of the spine, undifferentiated early stages of these diseases; restricted movements.

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Aesculus e sem.
Formica ex anim.
Arnica
e pl. tota

Glob.:	Amp.:	Gelatum:
D6	D6	D2
D6	D6	D2
D50	D50	D2
D5	D5	D2
D20	D20	D2
10 glob. 3-4 x da.	1 ml sc. near the spinal column 1-2 x wk.	10% Apply to spine daily

Disci comp. cum Argento

Weakness of the vertebral column and sequelae in acute inflammatory stage. Neuritis, neuralgia. Occipital and intercostal neuralgia, nocturnal paresthesias. Brachialgia, sciatica

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Formica ex anim.
Argentum
Arnica e pl. tota

Glob.:	Amp.:
D6	D6
D6	D6
D5	D5
D20	D20
D20	D20
10 glob. 3-4 x da.	1 ml sc. near the spinal column 1-2 x wk.

Disci comp. cum Nicotiana

Scheuermann's disease, defective development of vertebral column

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Formica ex anim.
Equisetum ex herba
Stannum
Hypophysis
Nicotiana e fol.

Glob.:	Amp.:
D6	D6
D6	D6
D5	D5
D15	D15
D10	D10
D6	D6
D10	D10
10 glob. 3-4 x da.	1 ml sc. near the spinal column 1-2 x wk.

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Disci comp. cum Pulsatilla

Weakness of the vertebral column, intervertebral disc degeneration, osteochondrosis, especially in the menopause; venous congestion in the pelvic region.

This preparation has a wide range of application.

Disci intervertebr.
(cervic., thorac. et lumb.)

Bambusa e nodo

Stannum

Equisetum ex herba

Formica ex anim.

Viscum Mali e pl. tota

Pulsatilla e flor.

Vivianite

Glob.:

Amp.:

Ungt.:

D4

D4

D2

D6

D6

D2

D6

D6

D5

D4

D4

D2

D5

D5

D2

D3

D3

D2

D4

D4

D3

D6

D6

D5

10 glob.
3-4 x da.

1 ml sc.
near the
spinal
column
1-2 x wk.

Apply to
spinal
column
daily.

Disci/Pulsatilla comp. cum Stanno, Suppositories

weakness of the vertebral column and sequelae, prolapse of intervertebral discs, postural anomalies, (kyphosis, scoliosis, lordosis), degenerative arthrosis, osteochondrosis, spondylarthrosis, venous stasis, especially in the menopause.

Disci intervertebr.
(cervic., thorac. et lumb.)

Bambusa e nodo

Formica ex anim.

Viscum Mali e pl. tota

Pulsatilla e flor.

Equisetum ex herba

Stannum

D3

D3

D3

D6

D4

D3

D6

0,2 gm

Massa supp.

ad 2,0 gm

Insert 1 supp. 1-3 x daily

Disci comp. cum Stanno

Weakness of the vertebral column and sequelae; postural abnormalities, degenerative diseases of the spine. Prolapse of intervertebral discs; as adjuvant in periarthritis humeroscapularis

Disci intervertebr.
(cervic., thorac.
et lumb.)

Bambusa e nodo

Formica ex anim.

Stannum

Equisetum ex herba

Glob.:

Amp.:

D4

D4

D6

D6

D5

D5

D6

D6

D15

D15

10 glob.
3-4 x da.

1 ml sc.
near the
spinal
column
1-2 x wk.

Disci comp. cum Stibio

Weakness of the vertebral column and sequelae; rheumatic disease complex, especially rheumatic arthritis and periarthritis, spondylarthrosis, etc., (can be used alternately with Cartilago/Mandragora comp.)

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Formica ex anim.
Stibium
Arnica e pl. tota

Glob.:	Amp.:
D6	D6
D6	D6
D5	D5
D8	D8
D20	D20
10 glob. 3-4 x da.	1 ml sc. near the spinal column 1-2 x wk.

Disci/Viscum comp. cum Argento, Suppositories

Weakness of the vertebral column and sequelae; acute inflammatory stages, especially in neuritis and neuralgias, trigeminal-occipital neuralgia, intercostal neuritis, brachialgia, nocturnal paresthesias, sciatica.

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Formica ex anim.
Viscum Mali e pl. tota
Pulsatilla e flor.
Arnica e pl. tota
Argentum

D3	}	0,2 gm
D3		
D3		
D6		
D4		
D3		
D20		

Massa supp.

ad 2,0 gm

Insert 1 supp. 1-2 x daily

Disci/Viscum comp. cum Stanno

Weakness of the vertebral column and sequelae; serious chronic degenerative diseases with tendency to the formation of exostoses; spondy arthrosis deformans, osteochondrosis, calcification of ligaments; adjuvant in treatment of arthrosis deformans coxae, - genus, - humeri.

Disci intervertebr. (cervic., thorac. et lumb.)
Bambusa e nodo
Formica ex anim.
Stannum
Equisetum ex herba
Viscum Mali e pl. tota

Glob.:	Amp.:	Ungt.:
D4	D4	D2
D6	D6	D2
D5	D5	D2
D6	D6	D5
D15	D15	D2
D6	D6	D2
10 glob. 3-4 x da.	1 ml sc. 1-2 x wk. near spinal column	Apply to spinal column daily.

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Equisetum/Stannum

Arthrosis deformans of the knee (can be used alternately with Bryonia/Stannum or Cartilago/Mandragora comp.)

Equisetum ex herba
Stannum

Glob.:	Amp.:
D15	D15
D10	D10
10 glob. 3-4 x da.	1 ml sc. 1-2 x wk. near spinal column

Rhus toxicodendron comp.

Trigeminal neuralgia, supraorbital and occipital neuralgia, brachialgia, intercostal neuralgia, sciatica, myalgia, neuralgia from tumor-metastasis.

Aconitum e tub.
Rhus tox. e fol.
Gnaphal. leont.
e pl. tota
Gelsemium
e rad.
Mandrag. off.
e rad.
Granite

Glob.:	Amp.:
D4	D6
D4	D6
D4	D4
D3	D4
D4	D6
D8	D10
10 glob. 3-4 x da.	1 ml sc. 1-2 x wk. near spinal column.

Dr. med. H.H. Vogel